

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Year 10	<p><b>Component 01: Applied anatomy and physiology</b>  <b>Physical training</b>                      Skeletal and Muscular System and Movement Analysis  <b>Component 03: Performance in physical education</b></p>	<p><b>Component 01: Applied anatomy and physiology</b>  <b>Physical training</b>                      Components of Fitness and Applying the Principles of Training  <b>Component 03: Performance in physical education</b>                      Begin Analysis and Evaluation of Performance controlled assessment</p>	<p><b>Component 01: Applied anatomy and physiology</b>  <b>Physical training</b>                      Applying the Principles of Training and Cardiovascular System  <b>Component 03: Performance in physical education</b>                      Continue Analysis and Evaluation of Performance controlled assessment</p>	<p><b>Component 01: Applied anatomy and physiology</b>  <b>Physical training</b>                      Cardiovascular and Respiratory System and Effects of Exercise  <b>Component 03: Performance in physical education</b></p>	<p><b>Component 01: Applied anatomy and physiology</b>  <b>Physical training</b>                      Effects of Exercise and Injury Prevention  <b>Component 03: Performance in physical education</b>                      Continue Analysis and Evaluation of Performance controlled assessment</p>	<p><b>Component 01: Applied anatomy and physiology</b>  <b>Physical training</b>                      All unit recap  <b>Component 03: Performance in physical education</b>                      Continue Analysis and Evaluation of Performance controlled assessment</p>
Year 11	<p><b>Component 02: Socio-cultural issues and sports psychology</b>                      Sports psychology  <b>Component 03: Performance in physical education</b></p>	<p><b>Component 02: Socio-cultural issues and sports psychology</b>                      Health Fitness and Well-being  <b>Component 03: Performance in physical education</b></p>	<p><b>Component 02: Socio-cultural issues and sports psychology</b>                      Commercialisation of Physical Activity and Sport  <b>Component 03: Performance in physical education</b></p>	All unit recap	All unit recap	